



TREK SUSPENSION SET-UP

		Top Fuel				Fuel EX		Remedy										Session													
		Fox RP23		DT Swiss XR Carbon		Fox RP2 / RP23		Lyrik U-Turn IS Fork			Lyrik 2-Step Air Fork			Fox 36 Talas Fork			Fox RP2 / RP23 Shock			Rock Shox Totem Coil MC				Fox 40 RC				Fox DHX Coil 5.0			
						Fuel EX 7, 8, 9, 9.8, 9.9		Remedy 7			Remedy 8			Remedy 9			Remedy 7, 8, 9			Session FR				Session DH				Session FR, DH			
Travel (mm)		100		100		120		160			160			160			150			180				203				203			
Stroke (mm)		38		38		50		160			160			160			57			180				180				71			
Sag (%)		20-25		20-25		25		20			20			20			30-35			25				25				35			
Sag (mm)		8-10		8-10		12		32-34			32-34			32-34			17-20			45				51				71			
Rider (lbs / kg)	Spring (psi)	Rebound clicks out	Spring (psi)	Rebound clicks out	Spring (psi)	Rebound clicks out	Spring	IS Comp	Rebound clicks out	Spring (psi)	Compression	Rebound clicks out	Spring (psi)	Compression	Rebound clicks out	Spring (psi)	Rebound clicks out	Platform Lever	Spring rate	Low Comp	High Comp	Rebound clicks out	Spring rate	Low Comp	High Comp	Rebound clicks out	Spring rate	Rebound clicks out	ProPedal	Boost Valve	
100 / 45	108	7	63	25	50	7	White	8 clicks out from slow	11	60	Low Speed: 14 clicks out from slow	11	42	Low Speed: 8 clicks out from slow	13	120	7	ON for platform, OFF for more active	White	10	7	8	Purple	12	14	10	300 lbs	14	0 clicks in	150 PSI	Max volume mark
110 / 50	115	6	70	23	60					65			43			125				350 lbs	12										
120 / 55	122		77	21	70					70			45			130			350 lbs	12											
130 / 59	128	83	20	80	75					48			132			350 lbs			12												
140 / 63	135	5	90	19	90	80	50	135	350 lbs	12																					
150 / 68	142		97	18	100	85	55	140	350 lbs	12																					
160 / 73	148	4	103	17	110	90	60	150	350 lbs	12																					
170 / 77	155		110	16	120	95	65	155	350 lbs	12																					
180 / 82	162	3	117	15	130	100	70	160	350 lbs	11																					
190 / 86	168		123	14	135	105	73	165	350 lbs	11																					
200 / 90	175	2	130	13	145	110	76	170	350 lbs	11																					
210 / 95	182		137	12	160	115	80	175	350 lbs	11																					
220 / 100	195	1	144	11	165	120	83	180	350 lbs	9																					
230 / 104	208		151	10	175	125	90	190	350 lbs	9																					
240 / 109	222	1	158	9	185	130	90	195	350 lbs	9																					
250 / 113	242		165	8	195	135	90	200	350 lbs	9																					

Sag measurements and air pressure adjustments must be made with ProPedal lever in the OPEN position